



Confirmation Sponsor Information Form

Candidate's Name: _____

Name: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Email: _____

Sponsor's Parish: _____

To be a sponsor, I realize that I must:

1. Be an active, practicing Catholic
2. Not be one of the candidate's parents
3. Be at least 16 years of age
4. Have received the sacrament of Confirmation
5. Be receiving the sacraments of Penance and Eucharist frequently.
6. Be married in the Catholic Church, if married.
7. Plan to maintain an ongoing relationship with the candidate in order to promote the candidate's lifelong spiritual growth.

Relationship to Candidate: _____

I declare that I am living such a life and that I will be a long-term spiritual guide and mentor for my candidate.

Sponsor's signature

Date



Change how you think about a sponsor

A candidate's sponsor is many times an afterthought, a person of convenience, or a person of tradition. I'm challenging each candidate to think of their sponsor as more. Don't think of them as a "guide" leading you through the Confirmation journey, but rather think of them as a "partner" walking with you and experiencing with you every step of your journey.

Sponsors should offer advice, examples, and suggestions, but what's most important is that they walk beside you; not in front of you and certainly not behind you. Remember it's your journey not theirs.

The ideal sponsor:

- has/builds a relationship of trust with the candidate.
- meets regularly with the candidate as he or she prepares to celebrate Confirmation.
- communicates with the Youth Minister the spiritual needs of the candidate when appropriate.
- offers their faith journey as advice, example, and suggestion to the candidate.
- is someone in whom the candidate can confide.
- is open, honest, caring, committed, and encouraging; helping the candidate grow in his or her understanding of the faith.

The following is a list of suggested activities you may participate in to support the candidate.

- Get to know your candidate and their family.
- Pray for the candidate.
- Invite your candidate to pray with you.
- Share your own spiritual journey with your candidate.
- Take the candidate out...to a movie, dinner, a sporting event, etc.
- Attend the 4:00 PM Sunday Youth Mass together with their family.
- Read Scripture together and find out his or her favorite readings; share yours.
- If you are involved in a ministry, invite your candidate to join you.
- Encourage your candidate to keep a journal about his or her spiritual experiences and share yours. If you do not have one, work with the candidate on getting started.
- Pray for the creativity of the Holy Spirit to guide you in ways to build a **lifelong** relationship of trust, love, and faith with your candidate.
- Ask to sit in on a Sacrament Prep session or two.
- Volunteer to lead or participate in a Holy Encounter (Adoration, Penance Service, Retreat)